

MENUS SUBJECT TO CHANGE WITHOUT NOTICE				
<b>NOVEMBER 2017 BREAKFAST &amp; LUNCH MENU</b>				
Second student lunch \$5.50		Students \$2.50 Reduced \$ .40		Second student entrée \$2.00 Milk only \$.60
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>November 1</b> <b>B:</b> Yogurt & Cinnamon Toast or Cereal & Toast Diced Pears, 100% Fruit Juice <b>L:</b> Popcorn Chicken & Mash Bowl Pan Roasted Vegetables Apple Wedge, Fruited Muffin	<b>November 2</b> <b>B:</b> Pizza Bagel or Cereal & Toast Mixed Fruit, Cranberries <b>L:</b> Corn Dog Baked Beans, House Salad Baby Carrots, Fruit Juice	<b>November 3</b> <b>B:</b> Portuguese Sausage/Steamed Rice or Cereal & Toast Peaches, 100% Fruit Juice <b>L:</b> Kalua Pork w/Cabbage & Rice Lomi Tomato Tropical Pineapple
<b>November 6</b> <b>B:</b> Maple Pancake Wrap or Cereal & Toast Sliced Peach, Cranberries <b>L:</b> Beef Stew Steamed Rice House Salad Fruit Cocktail	<b>November 7</b> <b>B:</b> Chicken Patty, Steamed Rice or Cereal & Toast Mixed Fruit, 100% Fruit Juice <b>L:</b> Beef Hot Dog in WG Bun Tater Tots House Salad, Apple Wedge Shortbread Cookie	<b>November 8</b> <b>B:</b> School Made Banana Bread or Cereal & Toast Tropical Pineapple, 100% Fruit Juice <b>L:</b> Creole Macaroni WG French Bread House Salad Fruit Slushy, Assorted	<b>November 9</b> <b>B:</b> French Toast w/Syrup or Cereal & Toast Seasonal Fruit, 100% Fruit Juice <b>L:</b> Breaded Chicken Nuggets w/Rice Pan Roasted Vegetables Hummus, Baby Carrots Pineapple	<b>November 10</b>          <b>HOLIDAY</b>
<b>November 13</b> <b>B:</b> Pepperoni Pizza Stix or Cereal & Toast Orange Wedge, 100% Fruit Juice <b>L:</b> Fish Wedge Steamed Rice Baked Beans, Rainbow Salad Seasonal Fruit Choice	<b>November 14</b> <b>B:</b> Breakfast Sliders or Cereal & Toast Peaches, 100% Fruit Juice <b>L:</b> Crispy Nachos w/Beef & Cheese House Salad Tomato Fruit Juice	<b>November 15</b> <b>B:</b> Belgian Waffle or Cereal & Toast Applesauce, 100% Fruit Juice <b>L:</b> Pork Guisantes and Rice Broccoli Carrots Fruit Slushy	<b>November 16</b> <b>B:</b> School Made Coffee Cake/Pork Sausage Links or Cereal & Toast Mixed Fruits, 100% Fruit Juice <b>L:</b> Breaded Chicken Nugget/WG Roll Potato Wedge Rainbow Salad Seasonal Fruit Choice	<b>November 17</b> <b>B:</b> Cinnamon Toast and Ham Links or Cereal & Toast Pine Chunks, Cranberries <b>L:</b> Purchased Pepperoni Pizza Coleslaw Broccoli Florets/Baby Carrot Peaches
<b>November 20</b> <b>B:</b> Apple Pastry or Cereal & Toast Peaches, 100% Fruit Juice <b>L:</b> Chicken Patty on WF Bun Curly Fries Lettuce Leaf/Tomato Slice Seasonal Fruit	<b>November 21</b> <b>B:</b> Bagel or Cereal & Toast Pine Chunks, 100% Fruit Juice <b>L:</b> Beef Broccoli and Rice WG French Bread House Salad/Baby Carrots Applesauce	<b>November 22</b> <b>B:</b> Yogurt and Cinnamon Toast or Cereal & Toast Diced Pears, 100% Fruit Juice <b>L:</b> Roast Turkey w/Gravy Whipped Potato Pan Roasted Vegetables Craisin, Pumpkin Muffin	<b>November 23</b>          <b>HOLIDAY</b>	<b>November 24</b>          <b>HOLIDAY</b>
<b>November 27</b> <b>B:</b> Maple Pancake Wrap or Cereal & Toast Sliced Peach, Cranberries <b>L:</b> Breaded Chicken Strip w/Rice House Salad Fruit Cocktail	<b>November 28</b> <b>B:</b> Chicken Patty with Steamed Rice or Cereal & Toast Mixed Fruit, 100% Fruit Juice <b>L:</b> Sloppy Joe and Tater Tots House Salad Apple Wedge Shortbread Cookie	<b>November 29</b> <b>B:</b> School Made Banana Bread or Cereal & Toast Pineapple, 100% Fruit Juice <b>L:</b> Spaghetti and WG French Bread House Salad Fruit Slushy, Assorted	<b>November 30</b> <b>B:</b> French Toast w/Syrup or Cereal & Toast Seasonal Fruit, 100% Fruit Juice <b>L:</b> Vegetarian Patty w/Rice & Gravy Pan Roasted Vegetables Hummus, Baby Carrots Pineapple	

All Steamed Rice is a 100% Brown Rice

All Meals Include a Choice of Half-Pint 1% or Skim Milk

All Bread/Breaded items are whole grain

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