

MENUS SUBJECT TO CHANGE WITHOUT NOTICE

SEPTEMBER 2017 BREAKFAST & LUNCH MENU

Second student lunch \$5.50

Students \$2.50 Reduced \$.40

Second student entrée \$2.00 Milk only \$.60

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				September 1
				B: Portuguese Sausage/Steamed Rice or Cereal & Toast Peaches, 100% Fruit Juice L: Kalua Pork w/Cabbage & Rice Lomi Tomato Tropical Pineapple
September 4	September 5	September 6	September 7	September 8
HOLIDAY	B: School Made Banana Bread or Cereal & Toast Tropical Pineapple, 100% Fruit Juice L: Beef Hot Dog in WG Bun Tater Tots House Salad Apple Wedge Shortbread Cookie	B: Chicken Patty Steamed Rice or Cereal & Toast Mixed Fruit, 100% Fruit Juice L: Creole Macaroni and WG French Bread House Salad Fruit Slushy, Assorted	B: French Toast w/ Syrup or Cereal & Toast Seasonal Fruit, 100% Fruit Juice L: Breaded Chicken Nuggets & Rice Pan Roasted Vegetables Hummus, Baby Carrots Pineapple	B: Cinnamon Roll or Cereal & Toast Pineapple Chunks, 100% Fruit Juice L: Baked Chicken Pasta with Corn/Carrot/Edamame House Salad, Orange Wedge WG Roll
September 11	September 12	September 13	September 14	September 15
B: Pepperoni Pizza Stix or Cereal & Toast Orange Wedge, 100% Fruit Juice L: Fish Wedge Steamed Rice Baked Beans Rainbow Salad Fruit Slushy, Assorted	B: Breakfast Sliders or Cereal & Toast Peaches, 100% Fruit Juice L: Crispy Nachos w/ Beef & Cheese House Salad Grape Tomato Fruit Juice	B: Belgian Waffle or Cereal & Toast Diced Pears, 100% Fruit Juice L: Tasty Golden Chix Tenders Cabbage, Steamed Rice Broccoli & Carrots Seasonal Fruit	B: School Made Coffee Cake w/ Pork Sausage Links or Cereal & Toast Mixed Fruits, 100% Fruit Juice L: Teri Cheeseburger Potato Wedge Rainbow Salad Seasonal Fruit, 100% Fruit Juice	B: Cinnamon Toast & Ham Links or Cereal & Toast Pine Chunks, Cranberries L: Pepperoni Pizza Coleslaw Broccoli Florets/Baby Carrots Peaches
September 18	September 19	September 20	September 21	September 22
B: Apple Pastry or Cereal & Toast Seasonal Fruit, 100% Fruit Juice L: Chicken Patty on Whole Grain Bun Curly Fries Lettuce Leaf, Tomato Slice Seasonal Fruit	B: Bagel or Cereal & Toast Pine Chunks, 100% Fruit Juice L: Turkey Pastrami Sandwich House Salad Baby Carrots Fruit Cocktail	B: Yogurt and Cinnamon Toast or Cereal & Toast Pine Chunks, 100% Fruit Juice L: Popcorn Chicken and Mash Bowl Pan Roasted Vegetables Apple Wedge Fruited Muffin	B: Pizza Bagel or Cereal & Toast Mixed Fruit, Cranberries L: Corndog Baked Beans House Salad, Baby Carrots Fruit Juice	B: Portuguese Sausage/Steamed Rice Cereal & Toast Peaches, 100% Fruit Juice L: Kalua Pork w/Cabbage & Rice Lomi Tomato Tropical Pineapple
September 25	September 26	September 27	September 28	September 29
B: Maple Pancake Wrap or Cereal & Toast Sliced Peach, Cranberries L: Beef Stew, Steamed Rice House Salad Mixed Fruits	B: School Made Banana Bread or Cereal & Toast Tropical Pineapple, 100% Fruit Juice L: Beef Hot Dog in WG Bun Tater Tots House Salad, AppleWedge Shortbread Cookie	B: Chicken Patty, Steamed Rice or Cereal & Toast Mixed Fruit, 100% Fruit Juice L: Creole Macaroni WG French Bread House Salad Fruit Slushy, Assorted	B: French Toast w/Syrup or Cereal & Toast Seasonal Fruit, 100% Fruit Juice L: Breaded Chicken Nuggets & Rice Pan Roasted Vegetables Hummus, Baby Carrots Pineapple	B: Cinnamon Roll or Cereal & Toast Pineapple Chunks, 100% Fruit Juice L: Oven Baked Chicken Whipped Potato House Salad, Orange Wedge WG Roll

All Steamed Rice is a 100% Brown Rice

All Meals Include a Choice of Half-Pint 1% or Skim Milk

All Bread/Breaded items are whole grain

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER