

MENUS SUBJECT TO CHANGE WITHOUT NOTICE

AUGUST 2017 BREAKFAST & LUNCH MENU

Second student lunch \$5.50

Students \$2.50 Reduced \$.40

Second student entrée \$2.00 Milk only \$.60

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 7	August 8	August 9	August 10	August 11
B: Whole Grain Pancakes or Cereal & Toast Seasonal Fruit, 100% Fruit Juice L: Chicken Patty on Whole Grain Bun, Curly Fries Lettuce Leaf, Tomato Slice, Seasonal Fruit	B: Cinnamon or Plain Bagel or Cereal & Toast Pine Chunks, 100% Fruit Juice L: Turkey Pastrami Sandwich House Salad Baby Carrots Fruit Cocktail	B: Yogurt, Cinnamon Toast or Cereal & Toast Pine Chunks, 100% Fruit Juice L: Popcorn Chicken and Mash Bowl, Pan Roasted Vegetables, Apple Wedge Fruited Muffin	B: Pizza Bagel or Cereal & Toast Mixed Fruit, Cranberries L: Corn Dog and Baked Beans House Salad Baby Carrots Fruit Juice	B: Portuguese Sausage and Steamed Rice or Cereal & Toast Peaches, 100% Fruit Juice L: Kalua Pork with Cabbage and Rice Lomi Tomato Tropical Pineapple
August 14	August 15	August 16	August 17	August 18
B: Maple Pancake Wrap or Cereal & Toast Sliced Peach, Cranberries L: Beef Stew with Steamed Rice and Whole Grain Roll House Salad Mixed Fruits	B: School Made Banana Bread or Cereal & Toast, Tropical Pineapple, 100% Fruit Juice L: Beef Hot Dog in Whole Grain Bun, Tater Tots House Salad, Apple Wedge Short Bread Cookie	B: Belgian Waffle or Cereal & Toast Mixed Fruit, 100% Fruit Juice L: Creole Macaroni with Whole Grain French Bread House Salad Fruit Slushy, Assorted	B: French Toast with Syrup or Cereal & Toast Seasonal Fruit, 100% Fruit Juice L: Breaded Chicken Nuggets and Rice, Pan Roasted Vegetables, Hummus, Baby Carrots, Pineapple	HOLIDAY
August 21	August 22	August 23	August 24	August 25
B: Pepperoni Pizza Stix or Cereal & Toast Orange Wedge 100% Fruit Juice L: Fish Wedge with Steamed Rice, Baked Beans Rainbow Salad Fruit Slushy, Assorted	B: Breakfast Sliders or Cereal & Toast Peaches 100% Fruit Juice L: Crispy Nachos with Beef and Cheese House Salad, Grape Tomato Fruit Juice	B: Mini Pancakes or Cereal & Toast Banana, 100% Fruit Juice L: Tasty Golden Chix Tenders Rice and Pickled Cabbage Broccoli & Carrots Seasonal Fruit	B: School Made Coffee Cake Turkey Sausage Links or Cereal & Toast Mixed Fruits, 100% Fruit Juice L: Teri Cheese Burger Potato Wedge Rainbow Salad Season Fruit	B: Cinnamon Toast and Ham Links or Cereal & Toast Pine Chunks, Cranberries L: Turkey and Gravy with Rice and Roll, Coleslaw Broccoli Florets/Baby Carrot Peaches
August 28	August 29	August 30	August 31	
B: Whole Grain Pancakes or Cereal & Toast Seasonal Fruit, 100% Fruit Juice L: Chicken Patty on Whole Grain Bun, Curly Fries Lettuce Leaf, Tomato Slice, Seasonal Fruit	B: Cinnamon or Plain Bagel or Cereal & Toast Pine Chunks, 100% Fruit Juice L: Turkey Pastrami Sandwich House Salad Baby Carrots Fruit Cocktail	B: Yogurt, Cinnamon Toast or Cereal & Toast Pine Chunks, 100% Fruit Juice L: Popcorn Chicken and Mash Bowl, Pan Roasted Vegetables, Apple Wedge Fruited Muffin	B: Pizza Bagel or Cereal & Toast Mixed Fruit, Cranberries L: Corn Dog and Baked Beans House Salad Baby Carrots Fruit Juice	

All Steamed Rice is a 100% Brown Rice

All Meals Include a Choice of Half-Pint 1% or Skim Milk

All Bread/Breaded items are whole grain

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER